

Sports Rehabilitation And Injury Prevention

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Feb 11, 2015 Contributed by Speed Coach, Lee Taft, www.leetaft.com After years of coaching various sports teams, I have learned a thing or two when designing my

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Sports injury: prevention & rehabilitation

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ISBN: 9780470689745 0470689749: OCLC Number: 630544833: Description: 1 online resource (550 pages) Contents: Sports Rehabilitation and Injury Prevention; Contents

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