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The new 800 Calorie hCG Diet Protocol was developed over 3 years Sonia E. Russell has been a licensed nurse for over 13 years and trained at UCLA Medical Center

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Sonia E Russell is the author of HCG Diet 800 Calorie Protocol Second Edition (4.00 avg rating, 6 ratings, 0 reviews, published 2012), Phase 3 Hcg Diet (

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Can someone do a 800 calorie diet on hcg and will it still work? I wanted to try this but I don't think I can handle the 500 calories would it be ok if I had like 3

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Now we have the 800 Calorie Protocol. They reveal no difference in weight loss between eating 500 or 800 calories a Comparing the 800 Calorie HCG Diet to Dr

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